

Disclosure Statement & Informed Consent

Marny Lyn Saunier, Ph.D. Clinical Psychology Intern, LMHCA, LMP, MMLT
Supervisor: Kevin Connolly, Ph.D.
425 391 0887

Office Hours are **Monday through Friday from 8:30am-5:00pm and closed from 12-1pm for lunch**. If you need assistance outside of these days/hours; please leave a voicemail and we will return your call as soon as we can. **If you are having a life-threatening emergency, please call 911 or go to the nearest emergency room first**. River Valley Psychological Services has an on-call clinician that can be reached at either 425-228-5336 or 425-391-0887.

Should you have a crisis during times that we are unable to be reached, please contact:

Call – 866.427.4747 (for crisis)

Text – “Go” to 741741

Chat – <http://chat.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx>

If you need to cancel your appointment, please give at least 48-hour notice, not including weekends. ***Any appointments missed or canceled without this notice will be charged in full (approx. \$150) and is the responsibility of the client as insurance companies do not compensate for missed or cancelled appointments.***

Please contact our office to obtain fee information for the initial session and preceding appointments. Payment is due at the time of service. If you are using insurance, the office staff will facilitate the billing process. You are responsible for understanding your insurance benefits and for making deductible and copayments. Sessions last up to 60 minutes. Payments including copays/deductible/co-insurances are due at the time of service. Please do your best to be on time, so we don't have to cut our time short. A monthly statement is generated from our billing department and will be mailed to the address on file. ***Any accounts overdue are sent to a collection agency.***

Disclaimer: *At this time, I do not provide services related to L&I, FLMA, disability, divorce/custody cases, court-order cases, and any other legal disputes. You agree that you won't involve your therapist in litigation of any kind for any purpose. You understand that your (or your child's) visit is for therapy purpose only and that having your therapist involved in litigation would interfere with the therapeutic relationship. If your situation may in the future involve litigation, please discuss this with your therapist.*

I obtained my Master's Degree in Clinical Psychology from Saybrook University. Currently, I am licensed as a Licensed Mental Health Counselor Associate, and working to complete the Doctoral internship under the supervision of Dr. Kevin Connolly where I intend to promote professional integrity and continue to gain clinical experience and competence. Prior to this, I received a Bachelor of Science Degree in Psychology from Seattle Pacific University with a research focus on non-human animal behavior studies. I also have a certificate in Clinical Hypnosis, Psychophysiology, and Manual Ligament Therapy/Masters' level, and have been a Licensed Massage Practitioner with Spa accreditations since 2005.

I have both clinical and holistic education and experience. My therapy style is dynamic, and client centered; and utilizes strength-based interventions aiming to increase awareness by critically considering many factors of influence on a person's potential. I work with creatures of all kinds and ages and provide individual, couples, and group sessions, as well, have the capacity to administer brief and advanced diagnostic assessments when necessary. As a team, we work together to find ways to manage stress, improve self-care, and can focus on specified diagnostic criteria like depression and anxiety, obsessive compulsive, attention deficit, substance use, abuse, addiction, trauma, grief, and loss, eating disorders, suicide, neurodivergence, personality and mood disorders, psychosis, sleep issues, and more.

Your records and confidentiality are important and private. The law requires me to maintain written team records. You have the right to review your records and request modification of inaccurate information. In Washington State, therapists may deny access to patient records if the health care information may be injurious to the patient's health and/or could reasonably expect to cause danger to the life or safety of the patient (RCW 70.02.090). Any information discussed in session is confidential and will not be disclosed to anyone without your written permission. The law, however, requires the release of confidential information in certain circumstances such as a suspected child/vulnerable adult abuse, potential suicidal ideation/behavior, threats to harm others, and/or court ordered requests. Certain treatment information will be disclosed to your insurance company if they are paying for your psychological services. In the case of individual therapy with a minor, I will use my professional judgment to determine what information, if any, will be disclosed to guardians. Note: according to Washington state law, a minor 13 years or older may initiate an evaluation and treatment for outpatient mental health services without parental consent.

Client Rights, Responsibilities, and Consent for Treatment. As a client, you have the right to choose a therapist who best suits your needs and preferences. You have the right to inquire about treatment as well as terminate treatment at any time. Your signature below indicates that you have read this document in full and agree to its contents. Your signature also indicates that you consent to receive mental health counseling services from Marny Lyn Saunier. Please feel free to ask any questions that are not covered in this statement. Thank you, I look forward to working with you!

Client/Guardian Signature

Date

Client/Guardian Name (please print)

Marny Lyn Saunier, provider

Date