

River Valley

Psychological Services

Disclosure Statement

Audrey Church, MN, ARNP, BC

Psychiatric Nurse Practitioner

5837 221st PL SE

Issaquah WA 98027

425-391-0887

To My New Clients:

It is a pleasure to welcome you to River Valley Psychological Services. This letter will provide you information about receiving psychiatric services from me and your rights and responsibilities as a client.

My Background:

I am a Board Certified Adult Psychiatric Nurse Practitioner in the state of Washington. (License#: AP30004413.) I received my Master's Degree from the University of Washington's Psychiatric Nurse Practitioner program in 1996. I have experience working with older teenagers (16+), adults and older adults in clinic, forensic, hospital, inpatient and outpatient settings.

My Approach:

I start with a new client by thoroughly discussing your biological, medical, psychological, emotional and mental health needs in the context of your unique situation. I utilize evidence-based treatment approaches specifically tailored to you, including prescribing medicine. Treatment will be discussed collaboratively and treatment decisions made jointly between you and I. Treatments are always subject to change and adjustment as we both go along. Duration of treatment is variable depending on your specific situation.

In addition to collaborating with you on your treatment, I will also collaborate with your other health care providers (only with your permission) in order to provide you with the most comprehensive and effective mental health care.

Records and Confidentiality:

Legally, I am required to maintain a written record of all of our appointments. You have the right to review your records. Your records and everything you disclose in our appointments are confidential, which mean I will not disclose any information to anyone outside our office without your written permission. However there are some instances in which I am legally required to disclose information: 1) If I suspect abuse of a child or vulnerable adult, 2) If I have reason to believe your or another person is in imminent danger (such as in the case of suicidal behavior or threats to harm someone else) and 3) If I receive a court order to turn over your records or disclose information about our appointments. In addition, I must disclose information about your treatment (such as diagnosis and treatment plan) to your insurance company if they are paying for the service. If any of these situations arise, I will make every effort to discuss it with you before taking action.

Fees:

My fees are comparable to those of other psychiatric providers in the area. The initial session is \$250. Follow up sessions that are 30 minutes are \$120 and follow up sessions that are 60 minutes are \$160. Please arrive on time to make the best use of our time together. If you are late, miss your appointment, or cancel your appointment without 24 hours' notice you will be charged for the full appointment. Please note that insurance companies do not pay for missed appointments. If you would like me to bill your insurance company for you, please confirm in advance that you have coverage for outpatient mental health. Copayments are due at the time of service. Any overdue accounts will be sent to a collection agency. If you have any questions or concerns about my fees, please discuss them with me at the beginning of our session.

Your Rights:

If you feel that treatment is unhelpful or would like a referral to another psychiatry provider at any time, please discuss these concerns with me and we can modify your treatment plan. You have the right to end your treatment at any time. However, I ask that you discuss any plans to end treatment with me so I can help you transition on.

Contact Information:

Office hours are Monday through Friday from 9am to 5pm excluding holidays. If I am unavailable to take your call, please leave a message with our office staff or on our voicemail. Our office staff will assist you with scheduling appointments and billing questions. If you have an emergency after hours, please call our answering service 425-228-5336 or call 911.

Please feel free to ask questions at any time. I look forward to meeting with you.

Sincerely,

Audrey Church ARNP

Please Initial/date that you have received a copy of this letter for you records.

Initial

Date