

## Child Checklist of Characteristics

---

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Person completing this form: \_\_\_\_\_

Many concerns can apply to both children and adults. If you have brought a child for evaluation or treatment, first please mark all of the items that apply to you child on the "Adult Checklist of Concerns." Then review this checklist, which contains concerns (as well as positive traits) that apply mostly to children, and mark any items that describe your child. Feel free to add any others at the end under "Any other characteristics."

- Affectionate
- Argues, "talks back," smart-alecky, defiant
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes
- Cheats
- Cruel to animals
- Concern for others
- Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends
- Complains
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Difficulties with parent's paramour/new marriage/new family
- Dependent, immature
- Developmental delays
- Disrupts family activities
- Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules
- Distractible, inattentive, poor concentration, daydreams, slow to respond
- Dropping out of school
- Drug or alcohol use
- Eating – poor manners, refuses, appetite increase or decrease, odd combinations, overeats
- Exercise problems
- Extracurricular activities interfere with academics
- Failure in school
- Fearful
- Fighting, hitting, violent, aggressive, hostile, threatens, destructive
- Fire setting
- Friendly, outgoing, social
- Hypochondriac, always complains of feeling sick
- Immature, "clowns around," has only younger playmates
- Imaginary playmates, fantasy
- Independent
- Interrupts, talks out, yells
- Lacks organization, unprepared

## Child & Adult Checklist of Concerns

---

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please mark all of the items below that apply, and feel free to add any others at the bottom under “Any other concerns or issues.” You may add a note or details in the space next to the concerns checked. **(For a child, mark any of these and then complete the “Child Checklist of Characteristics.”)**

- I have no problem or concern bringing me here
- Abuse – physical, sexual, emotional, neglect (of children or elderly persons), cruelty to animals
- Aggression, violence
- Alcohol use
- Anger, hostility, arguing, irritability
- Anxiety, nervousness
- Attention, concentration, distractibility
- Career concerns, goals, and choices
- Childhood issues (your own childhood)
- Codependence
- Confusion
- Compulsions
- Custody of children
- Decision making, indecision, mixed feelings, putting off decisions
- Delusions (false ideas)
- Dependence
- Depression, low mood, sadness, crying
- Divorce, separation
- Drug use – prescription medications, over-the-counter medications, street drugs
- Eating problems – overeating, under eating, appetite, vomiting (see also “Weight and diet issues”)
- Emptiness
- Failure
- Fatigue, tiredness, low energy
- Fears, phobias
- Financial or money troubles, debt, impulsive spending, low income
- Friendships gambling
- Grieving, mourning, deaths, losses, divorce
- Guilt
- Headaches, other kinds of pains
- Health, illness, medical concerns, physical problems
- Housework/chores – quality, schedules, sharing duties
- Inferiority feelings

## Child Developmental History Record

---

### A. Identifications

1. Child's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_  
Person(s) completing this form: \_\_\_\_\_ Today's Date: \_\_\_\_\_
2. Mother's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Home phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
Currently employed:  No  Yes, as: \_\_\_\_\_ Work phone: \_\_\_\_\_
3. Father's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Home phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
Currently employed:  No  Yes, as: \_\_\_\_\_ Work phone: \_\_\_\_\_
4. Parents are currently  Married  Divorced  Remarried  Never Married  Other: \_\_\_\_\_  
Child's custodian/guardian is: \_\_\_\_\_
5. Stepparent's name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Home phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
Currently employed:  No  Yes, as: \_\_\_\_\_ Work phone: \_\_\_\_\_

### B. Development

Please fill any information you have on the areas listed below

#### 1. Pregnancy and delivery

Prenatal medical illnesses and health care: \_\_\_\_\_

\_\_\_\_\_

Was the child premature? \_\_\_\_\_ Weight and height at birth: \_\_\_\_\_

Any birth complications or problems? \_\_\_\_\_

\_\_\_\_\_

#### 2. The first few months of life

Breast-fed? \_\_\_\_\_ If so, for how long? \_\_\_\_\_

Any allergies? \_\_\_\_\_

Child Developmental History Record (p. 2 of 3)

---

Sleep patterns or problems: \_\_\_\_\_

Personality: \_\_\_\_\_

3. Milestones: At what age did this child do each of these?

Sat without support: \_\_\_\_\_ Crawled: \_\_\_\_\_

Walked without holding on: \_\_\_\_\_ Helped when being dressed: \_\_\_\_\_

Ate with a fork: \_\_\_\_\_ Stayed dry all day: \_\_\_\_\_

Didn't soil his or her pants: \_\_\_\_\_ Stayed dry all night: \_\_\_\_\_

Tied shoelaces: \_\_\_\_\_ Buttoned buttons: \_\_\_\_\_

4. Speech/language development

Age when child said first word understandable to a stranger: \_\_\_\_\_

Age when said first sentence understandable to a stranger: \_\_\_\_\_

Any speech, hearing, or language difficulties? \_\_\_\_\_

**C. Health**

List all childhood illnesses, hospitalizations, medications, allergies, head injuries, important accidents and injuries, surgeries, periods of loss of consciousness, convulsions/seizures, and other medical conditions.

Condition	Age	Treated by whom?	Consequences?

**D. Residences**

1. Homes

Dates		Location	With whom	Reason for moving	Any problems?
From	To				

2. Residential placements, institutional placements, or foster care

Dates		Program name or location	Reason for placement	Problems?
From	To			

**E. Schools**

School (name, district, address, phone)	Grade	Age	Teacher

May I call and discuss your child with the current teacher?     Yes     No

**F. Special skills of talents of child**

List hobbies, sports; recreational, musical, TV, and toy preferences; etc.: \_\_\_\_\_  
 \_\_\_\_\_

**G. Other**

Is there anything else I should know that doesn't appear on this or other forms, but that is or might be important?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_